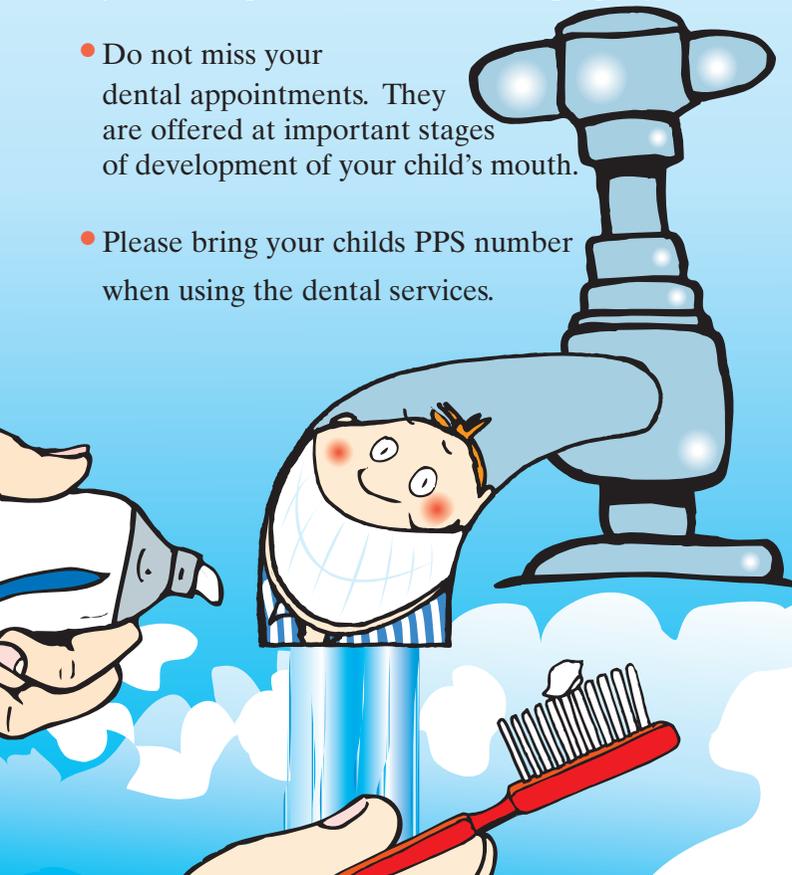


## Helpful tips for healthy teeth and a healthy smile

- To keep teeth healthy, cut down on how often you take sugary drinks and foods, especially between meals.
- Brush your teeth and gums with a pea size amount of fluoride toothpaste twice a day.
- Children under 2 years should not use fluoride toothpaste when toothbrushing.
- Supervise toothbrushing in children under 7 years to help them clean their teeth properly.
- Do not miss your dental appointments. They are offered at important stages of development of your child's mouth.
- Please bring your child's PPS number when using the dental services.



## Some useful contact numbers Health Centres with Dental Clinics

### Dublin North West

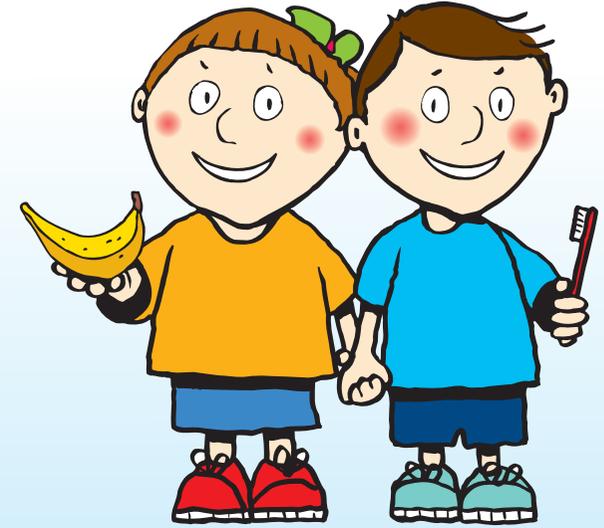
- Roselawn Rd., Blanchardstown 01-646 4550
- Quarry Rd., Cabra 01-868 0762
- Wellmount Park, Finglas 01-856 7700
- Ballygall Rd., Finglas 01-884 5000
- Cherryfield Lawn, Hartstown 01-866 2831

### Dublin North

- Cromcastle Rd., Coolock 01-816 4232
- Bridge St., Swords 01-840 4633
- New St., Malahide 01-845 0256
- Willie Nolan Rd., Baldoyle 01-839 2331
- Thomas Hand St., Skerries 01-849 4916
- Hampton St., Balbriggan 01-841 3543
- Lusk, Co. Dublin 01-870 9018
- Oldtown 01-807 8828
- Darndale Health Centre 01-877 1561
- Foxfield Crescent, Kilbarrack 01-839 1221

### Dublin North Central

- North Strand Rd., North Strand 01-855 6466
- Griffith Ave., Marino 01-833 3421
- Main Street, Ballymun 01-846 7160
- Larkhill 01-837 3796



# Dental Care for Children



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



## How does the service work?

The dental team is made up of

- the dentist • the dental hygienist
- the oral health promoter • the dental nurse

They work together to provide a quality service to your child.



## The primary school dental programme

Primary school children and special needs children, are screened in selected classes each school year. These children may receive treatment at their local dental clinic free of charge.

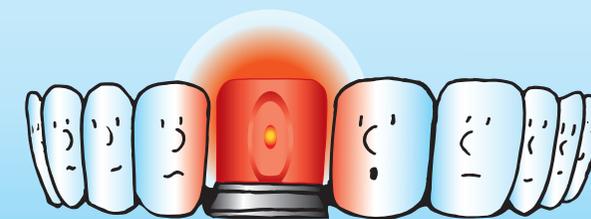
## Prevention orientated service

Dental hygienists are specially trained members of the dental team. They play an important role in the dental health of your child.

Some of their duties include:

- applying fissure sealants to teeth  
- as requested by the dentist.
- giving oral hygiene instruction and cleaning your child's teeth when necessary.

The oral health promoter will visit selected primary schools, special needs centres and pre-school facilities to talk about dental health.



## Emergency service

Emergency dental treatment is available to all eligible children at their local dental clinic. (Please contact your local dental clinic for emergency times.)

## Who can use the children's dental service?

- Pre-school children
- Children who are attending primary school
- All children who have left primary school and are under 16 years old
- Children with special needs

If you have any concerns about your child's teeth, please contact your local dental clinic. Please bring your child's PPS number when using the dental services.