## Tooth tips for 0-2 years old

As soon as a child's first tooth appears, they are at risk of tooth decay.

- Wipe baby's gums with damp clean cloth after feeding.
- When the first tooth appears, brush twice a day with a soft toothbrush and water.
- Do not use toothpaste unless advised by your dentist.
- It is recommended that a child have its first dental visit by age one.



