

AIT Capstone Portfolio 2020

Student

Rebecca Frayne

Title

An Evaluation of the Delivery of an Oral Health Educational Programme to First Time Expectant Mothers in an Antenatal Class Setting.

When presented with the task of providing oral health promotion to a focus group within the community, I quickly concluded that the antenatal setting would give me a platform to influence and impact mothers in a positive way. I chose this group as they would be the ones generating new habits for their baby. By empowering these women with oral health knowledge, they would be striving for prevention over treatment methods and reduce the rate of ECC (Early Childhood Caries). The aim of the intervention is to educate, empower and enable woman on their own oral health as well as encouraging good oral health practice for their baby.

Student

Lauren O'Toole Crawford

Title

'To Develop an Oral Hygiene Programme that can be Integrated into an Antenatal Class Setting'

To summarise my Capstone Portfolio would be as follows. Whilst in a lecture discussing ECC (Early Childhood Caries), the new proposed National Health Policy was discussed. This policy focuses on prevention rather than treatment, which I was greatly inspired by. I realised that prevention in regard to ECC could be possible through educating the expecting mother. Reviewing the current literature, I concluded that the best place to make a change would be within an antenatal class setting. By educating the mother on best practices for oral hygiene, the information could then be passed to the child, thus decreasing the risk of ECC through prevention.